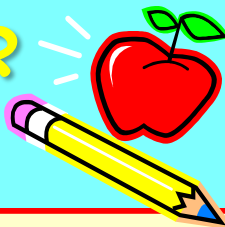




**DECEMBER  
2017**



**South Broward  
Montessori Charter**  
Hallandale, FL

## **P.E. Newsletter**

### **Kindergarten/1<sup>st</sup> grade**

These students will work on learning how to jump, twist and run accurately. They will learn how to properly jump rope, hula hoop and run for shorter and longer distances. Once they get the hang of that we will learn how to utilize their skills for different type of races.

### **2<sup>nd</sup>/3<sup>rd</sup> grade**

These students will learn the importance of working together and proper communication. We will also be going over the importance of good sportsmanship. They will be doing team activities using jump ropes, spots, cones, and hula hoops. **TEAMWORK!!!**

### **4<sup>th</sup>/5<sup>th</sup> grade**

These students will learn how to chase, flee and necessary communication with their peers. They will be challenged to do different type of races using jump ropes, hula hoops, spots, cones, balls and mats. They will learn how to show good sportsmanship. It's always a learning process.

